

Every birth is a unique journey.

Every woman has different ideas about the ideal birth experience. And after nine months of waiting and wondering, we think you deserve a healthcare facility that respects your wishes. We appreciate and celebrate your individual birth choices.

Inova Loudoun Hospital offers personalized consultations to answer questions, address concerns and help you achieve the experience you have envisioned.

Our commitment is to support your decisions with an extra level of sensitive care that keeps you informed and in control throughout labor and delivery.

**For more information, call 703.858.8936
or visit inova.org/ilhguide today**

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We'll make sure you feel heard.

- Who do you want present at birth?
- What's your ideal labor environment?
- Do you want to bring in special items?
- How about doulas?

These are some of the many questions that our birth navigator can answer as you share your ideas on the “perfect” labor and delivery. Remember, no matter how well prepared you are, each birth is full of unknowns, so it's important to be flexible. Rest assured, our highly qualified birth team will advocate on your behalf within the confines of safety.

Let's take this journey together.

We invite you to schedule an appointment to share your hopes and dreams. Marie is looking forward to assisting you throughout your journey, and making sure you're wishes are known. Call or email with your questions. The more you let us in on what's happening as that special day approaches, the better we can make sure you'll have everything you need during this time of celebration.



Our birth navigator is an experienced guide.



*Marie Tolliver,
BSM, RNC-OB*

Meet Marie Tolliver, our Patient Navigator for Perinatal Services, with 20 years of nursing experience; 17 years of specialized experience in both labor-and-delivery and mother-baby care. She is dedicated to providing individualized patient-centered care and

service excellence to our mothers-to-be, new mothers, and their babies. She is honored to discuss special needs and specific requests for your delivery to help you feel at ease and supported as you prepare to bring your new baby into the world.

In addition to her clinical background, Marie is a mother of three who has experienced vaginal births, one requiring an external version for breech followed by an Oxytocin induction of labor. You'll find she is uniquely qualified to answer questions, address your concerns, and serve as a trusted resource for you and your growing family.

Marie graduated from Grand Canyon University of Arizona with a Bachelor of Science degree in Nursing and holds a national certification in Inpatient Obstetrics.

**Call Marie today at 703.858.8936
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